

ANNUAL
COMMITTEE
REPORTS

NOVEMBER
2016



**Indiana
Psychological
Association**



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Executive Director
Tabitha Arnett, MEd, CAE



LETTER FROM THE EXECUTIVE DIRECTOR

Your IPA committees have worked hard in 2016 to accomplish many goals and tasks set before them. This report summarizes our achievements and goals going forward.

The Governmental Affairs Committee was again **actively engaged in the legislative process** to advance and protect the profession in 2016. Please read the GA Committee highlights on page 11. This committee, along with IPA lobbyist of 32 years Pat McGuffey, works hard to keep the profession of psychology strong.

IPA is working hard to **position psychologists to meet the changing healthcare marketplace**. As you read through the Committee Reports, you will **learn about goals we are accomplishing** through the efforts of many volunteers. We are truly blessed to have a strong group of volunteer leaders who make everything we do possible.

We would like to thank exhibitors, sponsors, and advertisers throughout the year, and especially at this year's Fall Conference & Annual Meeting. Through their support, we are able to keep costs down and focus on our mission.

Together, we fulfill the IPA's mission statement—**to advance psychology as a science, as a profession, and as a means of promoting public welfare**. Without our members and partners, we could not move forward.

Thank you for your continued support and involvement in your state psychological association.

Sincerely,

A handwritten signature in black ink that reads "Tabitha Arnett". The signature is written in a cursive, flowing style.

Tabitha Arnett, MEd, CAE
Executive Director



Chair

Carrie Cadwell, PsyD, HSPP

EXECUTIVE COMMITTEE

Regular Committee Participants: Tabitha Arnett, Fiona Kress, Sarah Landsberger, Kathleen Vogler, Julie Steck, Theresa Kruczek, Maria Hanzlik

Regular meeting time: Last Monday of every month @ 1-2 PM Eastern

Committee's charge from the IPA Board and/or Bylaws:

The Executive Committee (EC) handles matters that cannot be delayed until the next Board meeting and additional matters delegated to it by the Board. It consists of the five elected officers of the Association and the Communications Committee Chair and Science & Education Committee chair as a non-voting members.

Accomplishments for 2016:

- Supported new website implementation and the "Find a Psychologist" feature.
- Completed the annual Executive Director and Lobbyist evaluations and feedback.
- Successfully collaborated on and executed Executive Director and Lobbyist contracts for IPA.
- Assisted in nominations for IPA representatives on Medicaid Audit Task Force and Concussion Task Force.
- Supported APAPO Call to Action Letter and Legislative Alert Letter distribution to membership.
- Reviewed Bylaws and proposal for Bylaw Amendments currently pending with membership.
- Supported IPA participation and partnership in the Midwest Multi-state Summit on Alternative Practice Models and Integrated Care.

Work in Progress for remainder of 2016:

- Implement a new mid-year evaluation of Executive Director.
- Continue to monitor proposed changes to the EPPP.
- Support IPA collaboration in CBT-I training and research partnership.

Recommendations to the Board:

- Continue to support expansion of membership and volunteers for committees.

FINANCE COMMITTEE



Chair
Kathleen Vogler, PhD, HSPP

Regular Committee

Participants:

Greg Hale, Dana Lasek,
Mike Pisano

Others who participated

this year:

Tabitha Arnett

Regular meeting time:

Second Wednesday
every month

Committee's charge from the IPA Board and/or Bylaws:

The IPA Finance Committee, chaired by the Treasurer, makes recommendations to the Board on all investment and financial management decisions.

Goals for 2016:

- Maintain responsible management of IPA finances.
- Work collaboratively with the Executive Director to ensure that IPA remains financially strong.
- Finalize 2017 budget.

Accomplishments for 2016:

- Communicated with Executive Director on all financial issues related to the management of IPA.
- Managed the financial needs of IPA and communicated these needs to the Executive Committee and Board on a monthly basis (at minimum).
- Worked with the CE committee to evaluate financial matters and establish fees for CE webinars.
- Implemented electronic meetings to facilitate committee member's participation in monthly oversight.
- Guided the annual audit to evaluate financial matters related to CE events.
- Reviewed all Bylaws and policies related to finance.
- Provided recommendations to the Board regarding compensation for the Executive Director, Lobbyist and CE Program Administrator.
- Provided financial feedback regarding purchase of computer equipment, software and subscription agreement.
- Provided feedback regarding the financial effect of APAPO reduction in support for the Annual State Leadership Conference (SLC).

Work in Progress for remainder of 2016:

- Work with Executive Director to finalize 2017 budget.
- Review Advertising Rates and develop new sources of advertising revenue.

Recommendations to the Board:

- Continue to recruit new members to participate on the Finance Committee and consider other leadership roles.

Future Vision/Goals/Tasks for the Committee:

- Research/consider other possible non-dues revenue sources.

Indiana Psychological Association, Inc. Balance Sheet (As of September 30, 2016)

	9/30/16	9/30/15	% Change
ASSETS			
Current Assets			
Total Cash on Hand (Checking/Saving)	78,238.01	56,783.64	37.78%
Accounts Receivable	1,125.00	1,290.80	-12.85%
Prepaid Expenses	3,323.78	3,273.58	1.53%
Total Current Assets	82,686.79	61,348.02	34.78%
Other Assets			
Investment Account- Restricted Funds	59,733.98	56,169.43	6.35%
TOTAL ASSETS	142,420.77	117,517.45	21.19%
LIABILITIES & EQUITY			
Current Liabilities			
Total Accounts Payable	0.00	850.00	-100.0%
Credit Card	1,653.94	18.70	8,744.6%
Deferred Revenue	50.00	285.00	-82.46%
Payroll Liabilities	6,176.89	4,257.03	45.1%
Total Current Liabilities	7,880.83	5,410.73	45.65%
EQUITY			
Unrestricted Net Assets	88,790.73	89,666.32	-0.98%
Net Income	45,749.21	22,440.40	103.87%
Total Equity	134,539.94	112,106.72	20.01%
TOTAL LIABILITIES & EQUITY	142,420.77	117,517.45	21.19%



Chair

Tanya Farman, PhD, HSPP

PRACTICE COMMITTEE

Regular Committee Participants: Tabitha Arnett, Fiona Kress, Aarika White, Ashleigh Woods

Regular meeting time: Second Tuesday every month @ 12 PM (through June), then third Tuesday of every month @ 12 PM Eastern

Committee's charge from the IPA Board and/or Bylaws:

Communicate suggestions from membership to the Board of Directors to enhance psychology as a profession; Provide opportunity for members to share their concerns and suggestions; Maintain liaison with regional organizations in the state so their activities and interests can be known to the Board.

Goals for 2016:

- Host Early Career Psychologist (ECP) networking events outside of Fall Conference.
- Participate in the Fall Conference program by hosting ECPs at an after-conference event on November 4, 2016.
- Manage the ECP mentoring program.
- Form an ECP subcommittee.
- Establish representation at State Psychology Board meetings.
- Oversee the work of the IPA Telepsychology Taskforce to develop rules that would regulate the practice of telepsychology in Indiana (in a joint effort with the State Psychology Board).
- Maintain LinkedIn interest groups for IPA members to promote clinical practice, address clinical supervision issues, examine Medicaid/Medicare issues, and support and facilitate ECP work in psychology.

Accomplishments for 2016:

- Hosted three dinners for ECPs.
- Managed the ECP mentoring program.
- Represented IPA and attended State Psychology Board meetings.
- Maintained four IPA interest groups (Private Practice, Clinical Supervision, Early Career Psychologists, and Medicare/Medicaid) as sub-groups under the IPA's LinkedIn Group.

Work in Progress for remainder of 2016:

- Host at least one more ECP networking dinner.
- Participate in Fall Conference by hosting an event for ECPs after the first day of the conference.
- Revive the ECP mentoring program.
- Form an ECP subcommittee.
- Develop rules that would regulate the practice of telepsychology in Indiana through a joint Telepsychology Taskforce with IPA members and the State Psychology Board.

Recommendations to the Board:

- Recruit new members for the Practice Committee to help promote practice issues and provide practice-related resources to Indiana psychologists.
- Recruit ECPs to help establish an ECP subcommittee that is focused on identifying and meeting the needs of Indiana ECPs.

Specific volunteer "tasks" available for potential recruits:

- Assist with the formation of an ECP subcommittee and related ECP responsibilities.
- Assist with requests from the State Psychology Board.

MEMBERSHIP COMMITTEE



Chair
Elizabeth Kalb, PhD, HSPP

Regular Committee Participants: Tabitha Arnett, Scott Edwards, Sarah Landsberger (served as Executive Committee Liaison), Michael Pisano, Brian Primeau

Regular meeting time: Third Friday every month @ 2-3 PM Eastern

Committee's charge from the IPA Board and/or Bylaws:

Serve as a conduit for ideas and suggestions from the membership to the Board of Directors; Create opportunities for members to voice their concerns and suggestions; Maintain liaison with regional organizations within the state so that their activities and interests can be made known to the Board.

Goals for 2016:

- Maintain membership at current level; work to increase if possible.
- Establish a connection with each new or returning member to IPA and work to link them into IPA activities or programs.
- Increase membership within the Committee, including Membership Chair to assist with administrative tasks, representatives from regional geographical areas, and representatives from identified groups such as Early Career Psychologists.

Accomplishments for 2016:

- As of September, added 36 new members to IPA: 25 Full, 2 Affiliates, and 9 Students.
- Increased committee membership.
- Worked with the Executive Director and other Committee Chairs to implement the on-line Practice Directory as a Member benefit.
- Conducted a survey of non-renewing members to determine if there are factors/issues that could be addressed to encourage continued membership. Key reasons for not renewing membership included relocation outside of Indiana and financial limitations; nothing seen as actionable by the committee at this time.
- Added Out-of-State Student Member Category.
- Proposed bylaws change to eliminate grace period for Membership Dues.
- Personally contacted each new member (along with Sarah Landsberger).

Work in Progress for remainder of 2016:

- Continue above

Recommendations to the Board:

- Increase Committee membership.
- Strongly encourage a Membership Chair as an addition to the Board position, geographical/regional representatives from around the state, and representatives from identified groups such as ECPs and students.
- Establish definition of ECP; identify ways to support ECP members (e.g., dues reduction or tiered dues).
- Identify ways to recruit new members; retention is good for active members.
- Continue recruitment efforts by targeting non-members who attend IPA Meetings and continuing outreach to individuals who do not renew.
- Develop a system to ensure Full Membership qualifications are met after initial IPA acceptance (i.e., continued HSPP endorsement and/or a faculty member in a college or university).

Specific volunteer "tasks" available for potential recruits:

- Establish Membership Chair position separate from the Board position to share the workload.
- Expand the committee with focus on groups such as ECPs and students.
- Create Regional Representative positions for geographical representation throughout the state.

Membership Report - October 2016

MEMBER TYPE	TOTAL
Affiliate	13
Emeritus - Life	12
Emeritus - Practicing	28
Psychologist*	334
Student Affiliate	91
TOTAL	478

* Includes 31 new members



Chair

Theresa Kruczek, PhD, HSPP

SCIENCE & EDUCATION COMMITTEE

Regular Committee Participants: Elizabeth Akey, Lynn Gilman, Katie Kivisto, Karen Miller, Liz O’Laughlin, Heather Servaty-Seib

Others who participated this year: Tabitha Arnett

Regular meeting time: First Friday every month @ 12-1 PM Eastern

Committee’s charge from the IPA Board and/or Bylaws:

Serve as liaison between IPA and academic programs; Promote science of psychology; Support training and education programs in Indiana.

Goals for 2016:

- Continue to develop undergraduate engagement with IPA.
- Maintain successful poster competition.
- Maintain mentoring program.
- Continue outreach to students and faculty.
- Work with student committee to support State Science Fair IPA/APA psychology awards.
- Develop criteria and monetary amounts for student scholarships to be distributed via the Indiana Psychological Foundation (IPF).

Accomplishments for 2016:

- Invited undergraduates to participate in student poster sessions.
- Explored working with Teachers of Psychology organization.
- Announced the annual student poster competition; submitted proposals are currently under review.
- Working to re-establish the mentoring program.
- Provided an IPA Outreach PowerPoint for students and faculty.
- Developed evaluative rubric and supported student committee’s involvement with State Science Fair judging.
- Developed criteria and monetary amounts for student scholarships distributed via IPF.

Work in Progress for remainder of 2016:

- Continue PowerPoint presentations on both graduate and undergraduate campuses.
- Evaluate posters, support poster sessions at Fall Conference, and determine awards for poster competition.
- Support IPF scholarship program.
- Support Student Committee’s projects.

Suggestions to help the Committee accomplish its goals:

- Explore incentives for academic membership in IPA.

Specific volunteer “tasks” available for potential recruits:

- Evaluate student posters for awards.
- Serve as mentor to students.
- Serve as a liaison between IPA and faculty/students at your alma mater if you graduated from a university/college in Indiana.

CONTINUING EDUCATION COMMITTEE



Chair
Melissa Butler, PhD, HSPP

Regular Committee Participants: Tabitha Arnett, Melissa Butler, Maria Hanzlik, Tom Longwell, Lyndsi Moser, Jim Schroeder, Julie Steck

Others who participated this year: Tasha Williams

Regular meeting time: Second Wednesday every month @ 1-2 PM Eastern

Committee's charge from the IPA Board and/or Bylaws:

The Continuing Education Committee maintains the "IPA brand" of top quality CE in Indiana, enforces APA accreditation standards, and provides opportunities for membership development and networking by emphasizing face-to-face CE events on a regional basis.

Goals for 2016:

- Transition from interim CE Chair, Maria Hanzlik, to CE Chair, Melissa Butler.
- Expand the accessibility and reach of IPA CE events across Indiana.
- Maintain APA accreditation as CE Sponsor.

Accomplishments for 2016:

- Provided over 22 CE Credits over seven events between January and October 2016 in northern, southern, and central parts of the state.
- Implemented new Webinar Program and offered four Category I CE webinar programs. The first webinar was offered free and had almost 100 registrants.
- Offered two Category I Ethics CE programs to help members meet licensure renewal needs.
- Moved location of Northern Regional Conference to more central northern location.
- Surveyed CE participants for preferences and opinions regarding a future Fall Conference held at a destination location outside of Indianapolis (i.e. French Lick, Brown County, etc.).
- Created a CE web page for the redesigned IPA website.
- Used a finance committee audit to review the costs and expenditures related to CE events for the past three years and identified several potential cost-saving opportunities.
- Reviewed and revised conference registration fees for in-state students versus out-of-state students.

Work in Progress for remainder of 2016:

- Finalize preparations for Fall Conference 2016.
- Explore the feasibility and costs regarding a destination location for Fall Conference.
- Survey Fall Conference participants regarding preferences about a destination location for a future Fall Conference.
- Appoint a Webinar Chair to help organize future webinar programs.
- Coordinate with the Communications Committee and the Disaster Response Network (DRN) Liaison to plan a Disaster Response training event.

Recommendations to the Board:

- Continue to improve quality, quantity, and access to CE events.
- Continue to support the development and expansion of the new Webinar program, including technology costs to run the program.

Future Vision/Goals/Tasks for the Committee:

- In line with our goals of expanding the accessibility and reach of CE events, the CE Committee is working towards offering Webinars every other month in 2017 and recording regional meetings and keynote speaker presentations from Fall Conference to make available to members online. We are also working towards having Fall Conference 2018 in a destination location in Indiana.

Continued on page 19.



**Federal Advocacy
Coordinator**

Sean Samuels,
PsyD, MLS, HSPP

FEDERAL ADVOCACY

Psychologists from across the country, in conjunction with the American Psychological Association Practice Organization (APAPO), continued to pursue relevant advocacy goals in 2016, including adding psychologists to the Medicare physician definition, increasing psychologists' Medicare payment rates under the physician fee schedule, and passing comprehensive mental health care reform.

The Medicare Mental Health Access Act

Although psychologists are licensed to practice independently in all U.S. states and jurisdictions, Medicare continues to require unnecessary physician sign-off and oversight of psychological services leading to a significant delay in access to care in some settings.

The Medicare Mental Health Access Act removes the unnecessary physician oversight requirement by adding clinical psychologists to the list of providers in Medicare's definition of a "physician." At this point, psychologists are the only doctoral-level providers not included in the definition of "physician." It should be noted the Medicare Mental Health Access Act has no impact on state licensure laws. As such, it does not expand the scope of practice for psychologists nor would it add coverage for new services to be reimbursed under Medicare.

Medicare Reimbursement Rates

As identified by the APAPO, the impact on Medicare-allowed charges for clinical psychologists in 2016 is estimated by CMS to be 0%. With the exception of the mandatory sequestration cut of 2% imposed to all Medicare providers, clinical psychologists should not anticipate any additional decreases in the Medicare fee schedule.

In April of this year, the Centers for Medicare and Medicaid Services (CMS) released a proposed rule on a new Medicare payment model: the Merit-Based Incentive Payment System (MIPS) which combines key aspects of three current programs in Medicare: the Physician Quality Reporting System (PQRS), the Value-Based Payment Modifier (VM), and the Electronic Health Record (EHR) incentives. Psychologists have been eligible to participate in PQRS since its inception in 2007 but are not subject to the VM.

MIPS will impact Medicare payments by assessing clinicians on four categories (e.g., quality, advanced care information, clinical practice improvement activities) which contributes to a composite score to be compared to a threshold score. Those psychologists above the threshold score will receive a bonus while those below the threshold will receive a penalty (i.e., 4% in 2019, 5% in 2020, 7% in 2021, and 9% in 2022 and beyond). It should be noted psychologists will not be required to report quality measures in 2017-2018.

CMS is proposing a low volume threshold to exempt clinicians with \$10,000 or less in Medicare claims and 100 or fewer Medicare patients. If this threshold is adopted, exempted clinicians are protected from losses under MIPS; however, they will also be ineligible to receive positive payment adjustments.

Comprehensive Mental Health Care Reform

Throughout 2015 and into 2016, the APA and APAPO, with the assistance of State and grassroots movements, have pursued political backing of comprehensive mental health care reform including the "Helping Families in Mental Health Crisis Act" (H.R. 2646, introduced by Rep. Tim Murphy, R-PA, and Rep. Eddie Bernice Johnson, D-TX) and the "Mental Health Reform Act" (S. 2680, introduced by Senators Lamar Alexander, R-TN, Patty Murray, D-WA, Bill Cassidy, R-LA, and Chris Murphy, D-CT). These bills include several important provisions for both individuals seeking and providing psychological care:

- Make psychologists and other mental health providers eligible for financial incentives to implement Electronic Health Records (EHRs), leading to expanded use of health information technology.
- Allow limited Medicaid coverage for services provided in institutions such as hospitals, nursing facilities, or other institutions of 17 beds or more, primarily engaged in providing diagnosis, treatment, or care of people with mental diseases.
- To prevent discriminatory coverage limitations for individuals using mental health and substance use disorder insurance benefits, a consistent reporting mechanism on the effectiveness and enforcement of requirements under the Mental Health Parity and Addiction Equity Act is proposed.

Continued on page 19.

GOVERNMENT AFFAIRS COMMITTEE

Chair

Sean Samuels,
PsyD, MLS, HSPP



Regular Committee Participants: Tabitha Arnett, Carrie Cadwell, Brenna McDonald, Pat McGuffy, David Parks, Katie Rice, Jessica Turner Stults, Jon Thompson

Others who participated this year: Emily Dubosh, April Krowel

Regular meeting time: Third Friday of every month @ 3 PM Eastern, more frequently during legislative sessions

Committee's charge from the IPA Board and/or Bylaws:

Identify statewide mental health issues; Increase awareness of the IPA Board of Directors and membership of these issues; Monitor, develop, and promote state legislation relevant to the interest and practice of psychology; Maintain relationships with legislators and legislative committees; Advocate for mental health needs through liaison and information sharing activities with state government agencies, allied professional groups, and other relevant IPA committees and outside groups as needed.

Goals for 2016:

- Successfully transition to a new GA chair.
- Maintain vigilance regarding introduction and changes to legislation.

Accomplishments for 2016:

- HB1347 Mental Health Matters: The overall purpose of the bill was to increase access to care for individuals placed on Medicaid and receiving services at community mental health centers. Through much discussion and work by the GA Committee and our lobbyists, IPA was able to ensure psychological interns/practicum students and residents can receive Medicaid reimbursement for services rendered given appropriate supervision. Additionally, IPA was able to change language in the bill to ensure the scope of practice for Clinical Addiction Counselors and Nurse Practitioners was not inappropriately expanded, thus placing patients at risk for receiving inappropriate care.
- SB234 Education of Coaches of Student Athletes: The overall purpose of this bill requires, beginning July 1, 2017, the completion of a certified player safety education course by head coaches and assistant coaches before coaching student athletes in any sport. SB234 sets forth requirements of the course which previously excluded psychologists as participating in final approval of the course. Language change was proposed and included: "in consultation with a licensed healthcare provider who has expertise in the area of concussions and brain injuries" versus "a medical doctor..."
- SB28 Medical Malpractice Act: This bill was introduced, withdrawn, and then revived; it could have significantly increased the price for malpractice insurance throughout the state. When finalized, no significant cost increase for psychologists were noted. SB28 focuses on the following changes applicable to psychologists: Requirement of insurance coverage increase to a minimum of \$750,000 per occurrence and \$2,250,000 aggregate. This may not be a significant change as most insurance companies require a \$1 million/\$3 million minimum. However, the amount of damages to pay will double to \$500,000 after December 31, 2018 for an act of malpractice.

Work in Progress for remainder of 2016:

- Monitor the Interim Study Committee on Corrections and Criminal Code and the Interim Study Committee on Public Health, Behavioral Health, and Human Services.

Recommendations to the Board:

- Schedule a Meet Your Legislators Event in 2017.
- Engage ECPs and Students in Advocacy Activities.

Specific volunteer "tasks" available for potential recruits:

- Establish and maintain relationships with legislators and their staff.
- Generate ideas for a Meet Your Legislators Event.
- Review proposed bills.



Chair

Tasha H. Williams,
PhD, HSPP, ABPdN

DIVERSITY COMMITTEE

Regular Committee Participants: Kerry Beduna, Tacianna Indovina, Sarah Jenkins, Nannette Stump

Others who participated this year: Tabitha Arnett

Regular meeting time: Third Friday every other month @ 11:30 AM - 12:30 PM Eastern

Committee's charge from the IPA Board and/or Bylaws:

Develop the Diversity Initiative, as set forth through APA, within IPA.

Goals for 2016:

- Develop a strong working committee to implement the goals of the initiative.
- Increase support for IPA psychologists in the area of diversity through information, visibility, and resources.

Accomplishments for 2016:

- Recruited members to work on the goals of the committee.
- Developed a definition/mission statement related to diversity to drive the activities of the committee.
- Developed a resource guide to provide Indiana psychologists with links to information about various areas of diversity.
- Created a web page for the Diversity Committee on the IPA website. The diversity web page includes the mission statement and resource guide.
- Continued relationship with Psychology graduate students from St. Vincent Hospital who meet and submit monthly article summaries to the IPA Communications Committee for PsychBytes.
- Staff an information table at the 2016 Fall Conference with a FAQ sheet and general information about the committee and how to get involved.

Work in Progress for remainder of 2016:

- Identify opportunities for involvement in activities related to Indiana psychologists and psychology students.
- Extend the resource guide and information to the IPA Facebook page.
- Collaborate with the CE Committee to further incorporate diversity into future Fall Conference programming.

Recommendations to the Board:

- Assign at least one Board member to serve on the Diversity Committee to represent the goals of the Board within the Diversity Initiative.
- Collaborate with the Diversity Committee and CE Committee to include diversity programming as a regular component of future IPA Fall Conferences.

Future Vision/Goals/Tasks for the Committee:

- Increase committee presence and contribution to and within IPA.

Specific volunteer "tasks" available for potential recruits:

- There is an ongoing need for involvement in the committee.
- The committee is interested in any individuals who can provide expertise in various areas of diversity.

COMMUNICATIONS COMMITTEE



Chair
Julie Steck, PhD, HSPP

Regular Committee Participants: Tabitha Arnett, Chelsey Brophy, Kris Chapleau, Natalie Datillo, Jan Eglen, Maria Hanzlik, Sarah Landsberger, Dana Lasek, Valerie Long, Kim Martell, Lyndsi Moser, Pamela Reed, Rodney Timbrook, Aarika White

Regular meeting time: Second Thursday every month @ 12-1 Eastern

Committee's charge from the IPA Board and/or Bylaws:

To articulate and disseminate, in association with the BOD and Executive Committee (EC), the missions of IPA to its constituents including member psychologists, non-member psychologists in Indiana, and Indiana citizens.

Goals for 2016:

- Publication of The Indiana Psychologist on a quarterly basis with focus on a specific content area in March, June, and September.
- Publication of six e-newsletters throughout the year with a focus on upcoming events, legislative updates, and welcoming of new members.
- Investigate a means by which members are able to determine the number of and types of communications they receive from IPA.
- Distribute eight press releases to media outlets throughout the state with an emphasis on content relevant to Indiana and current events.
- Provide four Public Education Campaign (PEC) presentations using APA content.
- Deliver 50 PsychBytes to the members.
- Investigate the possibility of distributing PsychBytes to media outlets around the state.
- Make weekly posts on Facebook and increase the number of Likes to 200.
- Provide at least one media training to those interested in representing IPA and psychology in the media.
- Publicize upcoming IPA events to the membership.

Accomplishments for 2016:

- Expanded the Quarterly Newsletter to include specific content on topics relevant to psychology in March (Addictions), June (Integrated Health Care), and September (Telepsychology). The newsletters were issued on time and supported by paid advertising.
- Delivered PsychBytes weekly to members of IPA and for use in their own practice distribution to the public.
- Added PsychBytes to the IPA website and posted on the IPA Facebook page when appropriate for the public.
- Disseminated periodic press releases to the media. The number of press releases decreased due to staffing changes at APA that cut the position which provided state associations with these releases.
- Posted press releases to the IPA Facebook page.
- Delivered e-Newsletter on months without a Quarterly Newsletter. Content includes issues relevant to psychologists in Indiana.
- Expanded e-Newsletter content to include Member Updates, Legislative Updates, and New Member Spotlight.
- Established IPA LinkedIn as a communication tool for members. There are approximately 150 members on the LinkedIn IPA group and four subgroups for specific practice issues.
- Redesigned and launched the IPA website in the spring of 2016.
- Held two media trainings for the Communications Committee, members of the Board of Directors, and other members interested in Public Education. One training focused on television interview and the other on radio interviews.
- Identified a co-editor for the quarterly newsletter who has begun managing the publication.



Chair
Matt Powless

STUDENT COMMITTEE

Regular Committee Participants: Kimberly Dreison, Divya Japa, Karen Miller, Melanie Mivshek, Matt Powless, Katie Rice, Emily VanDerbleek, Ande Williams

Others who participated this year: Tabitha Arnett, Terri Belkin, Daniel Goldberg, Sean Jones

Regular meeting time: Fourth Monday every month

Committee's charge from the IPA Board and/or Bylaws:

Charged with developing specific activities to promote involvement of student affiliates in IPA, and to promote involvement by IPA members in the training and professional development of psychology students in Indiana.

Goals for 2016:

- Assist in planning for Fall Conference.
- Increase student recruitment initiatives.
- Initiate a mentorship match program between psychologists and graduate students within Indiana.

Accomplishments for 2016:

- Vetted IPA student research projects prior to their dissemination.
- Assisted in recruiting members of internship panel for the IPA Fall Conference.
- Distributed student recruitment campaign.

Work in Progress for remainder of 2016:

- Continue with mentorship match program initiative.
- Assist with IPA poster competition judging at Fall Conference.
- Provide a voice for graduate students in Indiana as it pertains to the EPPP Step 2.

Future Vision/Goals/Tasks for the Committee:

- Hold one to two in-person meetings a year to increase networking within the group.
- Increase presence at conferences in Indiana outside of the IPA Fall Conference.
- Continued support of student recruitment and engagement in IPA.

Policy Additions/Revisions suggested to help the Committee accomplish its goals:

- Provide suggestions for a consistent space where one to two in-person meetings per year could be hosted.
- Help Identify funds that could be used to assist students in traveling to conferences to represent IPA.
- Assist in locating psychologists who would be willing to serve as mentors in the mentorship initiative.

Specific volunteer "tasks" available for potential recruits:

- Support student recruitment efforts (e.g., attending conferences to represent IPA).
- Promote the mentorship initiative in order to recruit psychologists and students.

APA COUNCIL OF REPRESENTATIVES



Chair
Linda F. Brown, PhD, HSPP

Committee's charge from the IPA Board and/or Bylaws:

The Association's Indiana representative to the American Psychological Association Council of Representatives (1) informs and advises the IPA Board of Directors (BOD) and the general membership of the Association about the agenda, policies, and actions of the American Psychological Association, (2) represents the interests and positions of the Association to the Council of Representatives. The APA Council Representative takes direction from the BOD. The representative to the American Psychological Association Council shall serve for a fixed three-year term, regardless of whether the Association loses the council seat during any year of term.

Goals for 2016:

- Improve communication to Board and membership about APA Council agenda, policies and actions.
- Encourage input from Board and membership on key actions coming before Council so that votes will accurately reflect the interests and positions of IPA.

Accomplishments for 2016:

- Published reports in the IPA e-Newsletter highlighting the actions taken at each of the two APA Council meetings.
- Facilitated an assessment of IPA Board member opinions on APA's priorities for guiding the discipline of psychology for the future.

Work in Progress for remainder of 2016:

- Continue to provide information to the Board and membership and seek input on issues as they arise.
- Support the next IPA representative for APA Council, Dana Lasek, by providing background information and history as she transitions into the next term beginning January 1.



IPA delegates meet with U.S. Representative Susan Brooks and Director of Congressional Affairs Scott Barstow of APA Practice Government Relations (left to right: Carrie Cadwell, Dana Lasek, Tabitha Arnett, Susan Brooks, Sarah Landsberger, Elizabeth Tobin, Sean Samuels, Scott Barstow)



Representative Luke Messer meets with members of IPA to discuss ongoing mental health legislation (left to right: Luke Messer, Federal Advocacy Coordinator Sean Samuels)



IPA leadership meet with U.S. Representative Todd Young at the State Leadership Conference in Washington, D.C. (left to right: Tabitha Arnett, Dana Lasek, Carrie Cadwell, Todd Young)



Fodstad

Co-chairs:

Jill Fodstad, PhD, HSPP & Amy Williams, PhD, HSPP

FALL CONFERENCE COMMITTEE



Williams

Regular Committee Participants: Hillary Blake, Yelena Chernyak, Matthew Powless (student representative), Maura Rouse

Others who participated this year: Tabitha Arnett

Goals for 2016:

- Develop a varied and engaging schedule for the 2016 Fall Conference, including a wide range of topics relevant to psychologists in varied professional settings, to meet clinical and professional interests while obtaining needed continuing education credits.
- Continue to include presentations with a high level of scholarship and evidence-base while maintaining clinical relevance.
- Continue to facilitate opportunities for student involvement in the annual Fall Conference.

Accomplishments for 2016:

- Developed a two-day schedule with 15 different speaker presentations and two student/early career panel sessions.
- Arranged an ethics keynote lecture on the second day of the conference.

Work in Progress for remainder of 2016:

- Distribute and collect survey results from conference attendees to guide future conference planning.
- Coordinate personnel to manage administrative and organizational activities during the conference.

Recommendations to the Board:

- Identify a 2017 Fall Conference Chair

IPA LEADERSHIP

IPA Board Members

Carrie Cadwell, PsyD

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Sarah Landsberger, PhD

President-elect

Fiona Kress, PhD

Past-president

Maria P. Hanzlik, PsyD

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Lobbyist

Rodney Timbrook, PhD

Listserv Moderator

Lyndsi Moser, CCRP

CE Program Administrator

Tabitha Arnett, CAE

IPA Executive Director

INDIANA PSYCHOLOGICAL FOUNDATION (IPF)



Chair:
John T. Heroldt, EdD, HSPP

Regular Committee Participants: Tabitha Arnett (Executive Director, IPA), Thomas Barbera (Treasurer of Foundation), Greg Hale, Theresa Kruczek (Secretary), Janis “Jannie” Steck

Regular meeting time: Determined by the board

The organization will provide funding, scholarships, grants, education, and awareness programs to promote to the public regarding behavioral health in the community.

Goals for 2016:

- Increase revenue.
- Recruit non-psychologist members to serve on the Board.

Accomplishments for 2016:

- Planned a silent auction to increase revenue during the IPA Fall Conference.
- Recruited Ms. Jannie Steck, JD, who is an associate with Scopelitis, Garvin, Light, Hanson & Feary in Indianapolis. She has also volunteered to chair the silent auction committee.

Work in Progress for remainder of 2016:

- Identify additional ways to increase revenue.

Visit the Foundation online at www.indianapsychology.org/foundation.php

INDIANA PSYCHOLOGY POLITICAL ACTION COMMITTEE (IP-PAC)

Dear IPA Members,

Here is a summary of IP-PAC activity for 2016 (as of September 12th):

- Eighteen IPA members have made donations to the IP-PAC for a total of \$1,785 in donations for the calendar year.
- The IP-PAC has distributed funds to 9 legislators in 2016, totaling \$2,600. This total included some funds that were remaining from 2015 donations.
- The 2016 budget, developed by our lobbyist Pat McGuffey and approved by the IP-PAC board, was divided into high, medium, and low priority items for funding due to concerns that donations would be insufficient to cover all of the suggested campaign contributions. High priority items were funded first.
- The items remaining on the budget total \$4,700, and there are not sufficient funds available to make additional donations to legislators.

Please feel free to contact us with questions or if you would like to join the IP-PAC Board of Governors! We are still in need of a few more people to join us!

Sincerely,



Ann M. Lagges, PhD, HSPP
Chair, Indiana Psychology Political Action Committee
annl.ipa@gmail.com



Brenna McDonald, PsyD, HSPP, ABPP
Treasurer, Indiana Psychology Political Action Committee

Policy Additions/Revisions suggested to help the Committee accomplish its goals:

- The CE committee has submitted a proposal to the Board to amend the bylaws to allow the CE Chair to have a formal position and role in Board Meetings.

Specific volunteer “tasks” available for potential recruits:

- The CE Committee has many tasks and volunteer needs during regularly programmed CE events (i.e. help with registration, introduce speakers, etc.).
- The CE Committee is seeking a Webinar Chair and additional volunteers to help with organizing and planning Webinar CE events.
- The CE Committee needs more members from the Northern region to help with planning northern regional events.

- Removal of the current 190-day lifetime limit on Medicare coverage for services provided in inpatient psychiatric hospitals.
- Provision of resources and training on requirements of the Health Insurance Portability and Accountability Act (HIPAA) for communication between providers, patients and families.
- Authorization of the Minority Fellowship Program and reauthorization of the Graduate Psychology Education program which would require HHS to develop a nationwide strategy to recruit, train and increase the mental health service provider workforce.
- Require Medicaid coverage of primary care and mental health services provided on the same day within community mental health centers.
- Prioritization of grant funding for several necessary programs including: the development and dissemination of evidence-based interventions and integrated service programs, development of early childhood intervention and treatment programs, jail diversion programs, projects for assistance in transition from homelessness, the Garrett Lee Smith Act suicide prevention grant program, and comprehensive community mental health services for children with serious emotional disturbances.

For the Remainder of 2016

Reinforce psychologists to participate on the grassroots level to reach out to individuals in congress for continued progress in comprehensive mental health care reform. Establish an active level of advocacy within the graduate student population in the state.

Future Vision/Goals/Tasks for the Committee:

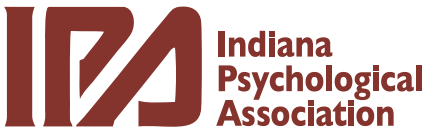
- Continue as described above.
- Expand committee by 5-10 additional new members.
- Redefine how to deliver public education activities.

Suggestions to help the Committee accomplish its goals:

- We need 5-10 additional new committee members, particularly from outside central Indiana.
- We need to review our options for delivering better email marketing and social media using more targeted groupings through our own database.
- We need to determine how best to package our content in email to ensure the highest probability for delivery to desktop and mobile-devices.

Specific volunteer “tasks” available for potential recruits:

- Develop a pool of content contributors for newsletters and website on education, practice, professional development and advocacy including: featured member interviews, regulatory and practice issues facing psychology, interviewing regional and national psychologists on topical items including treatment, assessment, violence/terrorism, training, education, scope of practice, Medicare, Medicaid, and business of practice. Increase content focusing on upcoming conferences.
- Train a team of psychologists throughout the state on the APA Public Education materials.



Indiana Psychological Association

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