NOTE FROM THE PRESIDENT

Fred Unverzagt, PhD
President, Indiana Psychological Association

It is my privilege to write to you at the start of my term as President of the Indiana Psychological Association (IPA). IPA is at an exciting point in its development. Over the past few years, IPA has been focused on internal challenges and struggles. This inward focus has been important in helping the organization to define our mission which is to "Promote Psychology and Support Psychologists."

I am happy to report that IPA is now in a position to broaden its perspective so that the organization can more effectively serve the needs of psychologists throughout the state while at the same time promoting the value of psychology to the citizens of Indiana.

In service of this expanded mission, we have new liaisons with APA in Indiana in the areas of Public Education (Ann Mary Montero), Disaster Relief Network (Sharon Bowman), and Psychologically Healthy Workplace (Steve Couvillion and Tom Barbera). These initiatives will help to put psychology in the public eye through an active interface with electronic and broadcast media, via community service during times of emergency and crisis, and by helping to show business the value of psychology in protecting and enhancing its investment in human capital. I am confident that these initiatives, and others to come, will help to increase the relevance and public profile of IPA both to psychologists in the state and to the broader public at large.

Indiana Psychological Association is able to directly “Support Psychologists” by offering high quality Continuing Education programs to our colleagues and members in professional practice of psychology. Thanks to Chris Sullivan, Scott Hamilton, David Bucur, Dan Schultz, and Jeff Lightfoot, IPA has a very strong schedule of Continuing Education programs this year. Please be sure to mark your calendars for these intriguing and beneficial programs: "Risk Management and Ethical Decision Making" by Jeff Younggren of the APA Insurance Trust (June 7), and "Update and Introduction on the New WAIS-IV" with Pearson Assessment (September 5) and the Annual IPA Fall Conference (November 7 and 8).

One of the most important ways IPA “Support Psychologists” in Indiana is by retaining and paying for a professional lobbyist, Patricia McGuffey, Esq., of Livengood, McGuffey, and Vickery, Inc., to represent our interests in the Indiana statehouse and with the state’s many regulatory bodies 365 days per year. This essential and vital service helps to protect the livelihood of all psychologists (educators, researchers, and clinicians) in the state as other provider groups attempt to expand their scope of practice into psychology, as government regulators attempt to devalue our services, and as the insurance industry attempts to erect barriers to access to mental health services that make it more difficult for psychologists to provide quality services to patients and families in need.

You can help IPA to “Promote Psychology and Support Psychologists” by spreading the word among your colleagues and encouraging them to join IPA. As our membership grows, we will become a more potent organization in advancing our causes and those

CONTINUED ON PAGE 4
Continuing Education Opportunities Abound

Continuing education in 2008 started off with an informative presentation by Dr. Yossif Ben-Porath on the Reconstructed Clinical Scales of for the MMPI-2. We had over 70 attendants from all over the state and Kentucky with Dr. Ben-Porath commenting that he was especially pleased with the turnout and the number of questions asked over the course of the day.

As a member of IPA, you will receive a 25% discount on all CE registrations. Please note that attendance at the Ethical Decision Making” workshop in June will fulfill all biennial licensing requirements for ethics CE. In addition, attendance will qualify you for a 15% reduction on your professional liability insurance through APAIT.

In addition to these events, the IPA Continuing Education committee is committed to hosting high quality, low cost CE workshops that are close to home. We understand the need to provide regional CE opportunities and are pleased to introduce our Regional CE Representatives: David Bucur (Merrillville), Elizabeth Kalb (Evansville), Theresa Kruzeck (Muncie), Jere Lieb (Fr. Wayne), and Dan Schultz (Valparaiso).

The CE committee of IPA is looking forward to providing you a variety of high quality educational opportunities in 2008.

Please mark your calendars for these upcoming CE events:

**June 7, 2008**
“Ethical Decision Making and Risk Management in Clinical Practice”
Presented by Jeffrey N. Younggren, PhD, ABPP
American Psychological Association Insurance Trust (APAIT)
6 Category 1 CE credits

**September 5, 2008**
“WAIS-IV: Update on the New Version of the Wechsler Adult Intelligence Scale”
Co-Presenters: Amy Dilworth Gabel, Ph.D., NCSP and Sandra Adams, Ph.D.
Co-sponsored by The Psychological Corporation, A Part of Pearson Assessment and Information
6 Category 1 CE credits

**November 7-8, 2008**
“IPA Annual Fall Conference”
10 Category 1 CE credits on a wide range of practice, treatment and assessment topics. Including the annual membership meeting, silent auction, student poster competition, and social hour.

Please Welcome Our Newest Members!!!

<table>
<thead>
<tr>
<th>Spencer J. Booth, PsyD</th>
<th>Booth &amp; Company, Inc.</th>
<th>Fort Wayne</th>
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<tbody>
<tr>
<td>Joseph W. Fink, PhD</td>
<td>University of Chicago Neuropsychology</td>
<td>Hobart</td>
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<td>Amber R. Fleming, PsyD</td>
<td>Meridian Health Group</td>
<td>Carmel</td>
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<tr>
<td>Mark Herrmann, PhD</td>
<td>Children’s Resource Group</td>
<td>Indianapolis</td>
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<td>Wayne E. Hoye, PhD</td>
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<td>Westfield</td>
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<td>Michael J. Jenuwine, PhD</td>
<td>Notre Dame Legal Aid Clinic</td>
<td>South Bend</td>
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<tr>
<td>Brian I. Miller, PhD</td>
<td>IU School of Medicine</td>
<td>Indianapolis</td>
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<tr>
<td>Jonathan H. Richardson, PsyD</td>
<td>Buckingham &amp; Associates</td>
<td>Fishers</td>
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<tr>
<td>David B. Salisbury, PsyD, ABCN</td>
<td>Columbus Regional Hospital</td>
<td>Columbus</td>
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<tr>
<td>Mary J. Schwendener-Holt, PhD</td>
<td>Inner Connections Counseling</td>
<td>Richmond</td>
</tr>
<tr>
<td>Heather A. Wood, MA</td>
<td>Ball State University</td>
<td>Muncie</td>
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Some Thoughts on IPA Membership Recruitment

The word from the front is good. IPA has just completed a very successful membership renewal campaign. Members like what they see. As we begin a new year, a fresh, informative, and highly interactive website is now in place (www.indianapsychology.org). Our new executive director, Susan McMahon, brings a heightened efficiency to the face of IPA. Members are able to get news on advocacy and continuing education activities with greater speed and convenience than ever before. IPA continuing education programs also include nationally-recognized speakers.

Our most recent seminar with famed MMPI expert Yussaf Ben-Porath attracted a record audience of members and non-members alike. Recent advocacy efforts have succeeded in securing opportunities for continued practice for those psychologists who design behavioral programs in some of the most challenging clinical situations.

All this, and yet... many of our colleagues are not IPA members. Late in 2007, the Membership Committee wrote all HSPPs who are not IPA members, explaining how dues-paying members are doing the heavy lifting for us all. There was a response, as many individuals recognized the need to support the advocacy and educational programs that benefit all Indiana psychologists by joining IPA.

However, our membership is not large enough to pay for the advocacy effort that we need. We lack the numbers that we require to wield the legislative clout that our educations deserve. We need to grow a bigger IPA.

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IPA Advocacy Team at Work for You.

IPA has been busy working at the Indiana General Assembly on your behalf and has had a very successful legislative session.

We successfully defeated legislation that would have licensed addictions counselors and required psychologists to obtain a license as an addictions counselor in order to do addiction counseling. In addition, the legislative proposal would have allowed the newly licensed addictions counselor to have a broad scope of practice without the appropriate training and education. It is our understanding that the addictions counselors association will be back in the next session with a more reasonable proposal. They have indicated a willingness to work with us to address our concerns.

We also successfully amended legislation that would have allowed for the licensing of behavioral analysts. The bill would have prohibited psychologists from doing behavior analysis unless they received a national certification as a behavior analyst. The behavior analysts have indicated they wish to work with us in the interim to develop more comprehensive legislation. It appears we will have a busy summer!

In addition, we supported legislation (SB 159) that will require conspicuous language in a psychologist’s contract if an insurance network wishes to sell a psychologist’s discounted reimbursement rate to third parties. The network has sold the discount. It will also require third parties who purchase the discount to include contact information on explanation of benefits statements for the network who sold the discount. Finally, the bill will prohibit aggregators from selling or leasing psychologists’ reimbursement rates.

IPA supported HB 1055, assignment of benefits (AOB) legislation. It required insurance companies to honor a patient’s wish to assign benefits to out of network providers. The bill was opposed by the Insurance industry and their lobby distorted the issue claiming that AOB legislation would cause health care costs to skyrocket. Numerous amendments were attached to the bill - amendments that would have banned balance billing, cut psychologists and other non-facility health care providers out of AOB, and mandated out of network psychologists who receive AOB to take Medicaid patients. After our discussions with Senator Gard, the Senate author, all agreed that the bill should not be called down for second reading and instead that a review be conducted to determine how AOB would impact healthcare costs. This maneuver provided us an opportunity to get the facts to legislators and to prepare for a renewed submission at the next session.

Many of you have contacted your legislators to encourage them to support IPA’s position on proposed legislation. Your work to communicate our position with your legislators has been invaluable.

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Promoting Psychology... Supporting Psychologists.

The Indiana Psychology-Political Action Committee (IP-PAC) is an effective way for individuals to work in concert to promote and protect the practice of psychology in Indiana.

Fundraising for 2008 is in full swing. IP-PAC supports Republican and Democrat lawmakers who are in a position to advance and protect the interests of psychologists in Indiana.

Let’s join forces to make Psychology a potent constituency in the Indiana statehouse.

Please consider setting aside $100 of your tax return or your economic stimulus act rebate for donation to the IP-PAC. Make your check payable to:

IP-PAC
P.O. Box 2308
Terre Haute, IN 47802

THANK YOU!!!

President

of our patients. There are also some immediate and practical benefits to IPA membership. Members receive a 25% discount on all IPA-sponsored CE registrations - the membership pays for itself in just 4 CE events. In addition, the ethics workshop in June not only satisfies the biennial licensure requirement for 6 hours of dedicated ethics CE, it also qualifies you for a 15% reduction on your annual APAIT professional liability insurance premium.

As one part of our internal review process, the IPA Board of Directors decided to separate from our management service team of the past several years and, after a thorough and deliberate search and screen process, the Board hired Susan McMahon to be our new Executive Director (ED). Ms. McMahon has extensive experience in organization leadership, administration, and financial record keeping, and we are very pleased to have her join us. As a result of the transition, IPA has a new mailing address and telephone number.

Indiana Psychological Association
1075 Broad Ripple Ave., Suite 208
Indianapolis, IN 46220
Telephone: 317-257-7449

With the addition of Ms. McMahon as ED, I am confident that the responsiveness of IPA will improve dramatically this year. We plan to issue an updated member directory and three newsletters this year. The website has been enhanced with new content and functionality: indianapsychology.org. In addition, Rodney Timbrook moderates a very active and informative listserv called IndianaPsychologist which is the official electronic discussion group of IPA. The listserv provides a conduit for networking with colleagues and for promoting the science and practice of psychology within the state of Indiana. It is a place an individual psychologist’s voice can and does make a difference.

I believe these initiatives and enhancements will help IPA to become more meaningful to psychologists and citizens throughout the state. Please help us to improve the position of Psychology in the State of Indiana - - recruit a new member to IPA or volunteer your time and talent to help with one of the many committees and initiatives we have underway!

I am excited by the energy and spirit of cooperation and collaboration that exists within our fine profession, and I look forward to a very productive year for IPA in 2008.

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The Indiana Psychology-Political Action Committee Needs your Help
A Great Member Benefit:  The IPA Listserv

IPA invites members to join the official electronic discussion group of the Indiana Psychological Association. IPA is pleased to provide a conduit for networking with colleagues and for promoting the science and practice of psychology within the state of Indiana.

The main areas of activity are continuing education, legislative advocacy, and professional development. This is a place where an individual psychologist’s voice can and does make a difference, and it is up to our members to define our priorities. The discussion group facilitates the pursuit of these organizational goals and helps psychologists network, consult, and exchange ideas with colleagues from across the state.

The discussion group also serves as a mechanism through which IPA disseminates official announcements of IPA activity, as well as time-sensitive material, such as legislative alerts and other events that deserve your attention. If you are interested in only receiving these special Bulletins and not participating in the other discussions, please notify Rodney Timbrook, the group moderator, at timbrookphd@comcast.net so your account settings can be appropriately adjusted.

To join the discussion group, please send an email with your name in the body to IndianaPsychologist-subscribe@yahoogroups.com.

You can visit the list website by pointing your internet web browser to http://tech.groups.yahoo.com/group/IndianaPsychologist/.

If you have any questions about the discussion list, please feel free to contact Rodney Timbrook directly via email at timbrookphd@comcast.net.

A Message from the Indiana Disaster Response Network Coordinator

I am the new Disaster Response Network (DRN) coordinator for the State of Indiana.

The DRN works in conjunction with the American Red Cross in coordinating and providing mental health services during disaster and emergency situations nationally as the need arises. State DRN programs also work with state-level departments of mental health, offices of emergency management as well as with local fire and police departments and other relief organizations.

Disasters may be forces of nature (e.g., earthquakes, hurricanes, tornados) or human-created (e.g., the bombings at Oklahoma City or the World Trade Center). They may include the flu pandemics or the after-effects of war. After years of being a disaster mental health worker with the American Red Cross, I know that a small-scale disaster is HUGE when it happens to you - - a house fire or car accident in which a loved one is lost; the sudden death of a public safety worker in the line of duty. Our communities experience disasters every day, and it is crucial that we be prepared to offer support, guidance, and advocacy when needed.

Indiana’s DRN organization is relatively new and wide open to possibilities. According to APA’s web page there are more than 2500 psychologists who are in the DRN. I need to know who in Indiana is participating, has participated, and/or wants to participate. I need to identify colleagues across the State who are willing to help at a moment’s notice. To that end, I want to create a good database of volunteers, so be on the lookout for a survey from me asking a few simple questions, including: name, contact information, previous disaster training and experience, willingness to assist outside of your local area. When a large scale crisis occurs, it is typical for the national office to ask the local DRNs to contact possible volunteers. I need to be able to reach you in such an event.

Thank you in advance for your responses - the more complete my Indiana database the better!
The task now goes to all of us. We need to make those personal contacts with our colleagues. Many psychologists fail to recognize that, without a strong state organization, the legislation that is supported by our lesser-educated competitors will drive us from the marketplace. Members of IPA, who understand the vital importance of a strong state organization, need to pick up the recruitment drive by bringing the IPA message to the “psychologist next door”.

How do I tell someone “You need to join IPA?” The answer - think of the Girl Scout cookie drive. Every year, parents buy boxes of cookies by the dozen. They buy them because they realize that, without cookie sales, their daughters will have no scout troops to join. The cookies are delicious. Much like IPA newsletters and conferences, they attract a following. But, parents buy them because it is a responsibility that comes with troop membership.

Sell IPA to your friends that same way. Remind them that WE, as members of the community of psychologists in Indiana, have work to do to keep our “troop” doing what it is trained to do. Remind them that the ONLY way that they can influence the rules that govern their Indiana practice is through membership in IPA. Remind them that the strength of IPA is directly proportional to the size of its membership. Suggest that they might enjoy the member benefits, program discounts, and professional information - those “tasty morsels” of membership. Then - GIVE your friends a membership application (download it from our website) and offer to be listed on the application as their sponsor.

Many psychologists are reluctant to join IPA, believing that it “duplicates” their APA membership. Please help them to understand that APA is a great organization, but a national one. The laws that govern professional practice in Indiana are passed at the state level. IPA is the only organization that represents psychology at the Indiana legislature.

Some psychologists believe that IPA dues are “too high,” or that they are used to pay for a large executive staff. In fact, depending on your membership category, IPA dues are on par or lower than those of most state organizations. The lion’s share of IPA work is done by an entirely volunteer board of psychologists. A few psychologists are hesitant to join IPA, believing that they will not get their “money’s worth” because they attend continuing education conferences elsewhere. In fact, the advocacy efforts of IPA alone justify the cost of membership.

Without those efforts, the income reductions that most of us would experience would vastly exceed the cost of IPA membership.

So please, help us take the task of recruitment “to the streets”. This year, IPA will be recognizing those recruiters who sponsor new members at our fall conference. Your work provides the backbone of this organization. As always, your IPA Membership Committee is here to answer questions, provide materials, and lend whatever support you may need.

New IPA Public Education Coordinator for 2008

A Public Education Coordinator (PEC) is appointed by the state association and serves as the state’s liaison with APA in promoting the Public Education efforts.

One of our goals is to create a statewide panel of experts in various topics germane to psychology and the public. The panel will be a resource for media contacts on issues of wide public interest and can serve as an excellent starting point for proceeding to connect local psychologists with media, current events, or other opportunities to help raise awareness about Psychology and the work psychologists do.

Anne Mary Montero, PhD
PEC (Indianapolis)

The PEC has tools available from APA that can be utilized to facilitate broad educational efforts including tips and training on public education.

I am seeking to expand our committee with interested parties representing all parts of Indiana. If you are interested, please contact me at amontero@indy.rr.com.

Your involvement can be tailored to any level at which you are comfortable, so please don’t hesitate to contact me even if you are only at the contemplation stage!
Update on Psychological Practice Issues in Indiana

The Practice Committee of IPA has been very busy supporting psychologists around the state on Medicaid billing, business of practice, and licensing.

We have been tracking changes that have occurred regarding Medicare billing. We have documentation from the local Medicare carrier confirming that HSPP-level psychologists are able to bill for services provided by a psychologist with a basic license. To do so, the HSPP-level psychologist must be on the premises when the patient care occurs and the services must be billed under the HSPP-level psychologist’s provider number.

In other news, the APA Practice Directorate, in conjunction with other professional societies, successfully lobbied the US Congress to delay a 10% across-the-board cut in Medicare reimbursements that were to begin in 2008. However, the delay is only good for six months and still includes payment cuts for some CPT codes. Below is a list of some of the common psychological services billed and a comparison of rates for 2007 versus the first six months of 2008:

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<thead>
<tr>
<th>Service</th>
<th>2007 pay</th>
<th>2008 pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic Interview</td>
<td>$144.70</td>
<td>$146.85</td>
</tr>
<tr>
<td>Psychotherapy, 20-30 minutes</td>
<td>$ 61.33</td>
<td>$ 61.53</td>
</tr>
<tr>
<td>Psychotherapy, 45-50 minutes</td>
<td>$ 89.55</td>
<td>$ 87.14</td>
</tr>
<tr>
<td>Psychological testing (by psychologist)</td>
<td>$ 86.89</td>
<td>$ 83.33</td>
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<tr>
<td>Neuropsychological testing (by psychologist)</td>
<td>$117.21</td>
<td>$111.52</td>
</tr>
<tr>
<td>Health and Behavior assessment</td>
<td>$ 23.49</td>
<td>$ 22.48</td>
</tr>
</tbody>
</table>

Please contact me if you would like to join the IPA Practice Committee: drexroth@iupui.edu.

Business of Psychology Network (BOPN)

Over the past 12 years, the American Psychological Association has sponsored and developed the Business of Psychology Network (BOPN) which is tasked with formulating and disseminating better business and practice strategies for psychologists. The original goal was to engage psychologists with the business community by forming partnerships at multiple levels with owners and workers to promote psychological wellness. An additional goal is teaching psychologists business methods for their own practices.

The “Psychologically Healthy Workplace” is a unifying project which helps psychologists interact with the business community in a mutually profitable manner. Standards have been identified by which to judge businesses on Psychological Health. State psychological associations identify businesses (through standardized questionnaires for workers and administration) that excel in this area and award winners at their annual meetings often with significant TV and newspaper coverage.

At this time, 28 states have identified and awarded businesses as “Psychologically Healthy Workplaces.” The program receives a great deal of positive feedback from the business community and successful partnerships between psychologists and businesses entities are formed.

In the past year, there has been renewed interest in beginning a selection process for “Psychologically Healthy Workplace Award” in Indiana. This will require fundraising, sponsorship, and volunteers from within the psychology community. If you're interested joining this effort, please contact the IPA office.

Save The Date

The Annual Fall Conference
Nov. 7-8, 2008